

# Dance!

2025-2026 • OUR 67TH SEASON



Photo by Arian Molina Soca

Ballet • Pointe • Contemporary  
Broadway Dance • Progressing Ballet Technique  
Ages 3 thru Adult

PYB

PENNSYLVANIA YOUTH BALLET

Ballet Guild of the Lehigh Valley

Karen Kroninger Knerr  
Artistic Director

556 Main Street  
Bethlehem  
PA 18018  
(in the heart of  
Historic Bethlehem)

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www.bglv.org  
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## BALLET CLASSES FOR ALL AGES AND ABILITIES

Our teachers foster a positive and supportive learning environment in each class, where students will be encouraged to build confidence through accomplishments in dance. To meet the needs of our students, we offer classes through our two-division system: Pre-Professional and Community.

Students in both divisions may audition for our yearly production of *The Nutcracker* at Zoellner Arts Center, Lehigh University, as well as our annual Spring Ballet, and other productions that may occur throughout the year.

Progressing Ballet Technique (PBT) classes have been added for students in the Pre-Professional Divisions. This revolutionary supplementary dance training will sharpen technical precision and includes exercises to strengthen core stability, muscle control, and balance.

### PRE-PROFESSIONAL DIVISION

This intense course of study is designed for the serious dance student with previous ballet experience. Placement of all students in this division is determined by audition. Classes emphasize the development of ballet skills with a focus on knowledge, proper placement, and alignment. Students will learn ballet vocabulary through barre and centre work while building stamina, strength, flexibility, and musicality.

In addition to Pointe work, classes in Variations, Repertoire, and Contemporary Dance are also given.

Master classes, taught by professional teachers and dancers, will be held throughout the year for students in this Division. Various performance opportunities are offered each year in our service to the community.

### COMMUNITY DIVISION

Classes are offered for ages three through adult. The youngest students begin with an introduction to the basics of ballet; these include rhythm, dynamics, and terminology. Youth level classes are offered for the student who wishes to learn ballet or improve his/her technique without the commitment required in the Pre-Professional Division.

Students ages six & up also have the opportunity to audition for Ballet Guild productions. Adults with dance experience will find our classes fulfilling and will gain a greater sense of well-being while learning a method of exercise that will last a lifetime.

## DIRECTOR AND STAFF

### KAREN KRONINGER KNERR • ARTISTIC DIRECTOR

Artistic Director since 2007, Karen holds a BFA in Dance from the Juilliard School where she trained in Graham, Taylor, and Limon techniques. She was a principal dancer with the Albany Berkshire Ballet, where she performed lead roles in *Cinderella*, *Coppélia*, as well as "Girl At Mirror" for the opening of the Norman Rockwell Museum in Stockbridge, MA. In addition, Karen was a member of the Ellen Sinopoli Dance Company.

She has worked with, and performed works by, Dennis Nahat, Laura Dean, Francis Patreli, and Bill T. Jones. Karen holds an Intermediate Certification in Labanotation and is an ABT Certified Teacher. She has developed the outreach program, "Discover Dance" for the Ballet Guild of the Lehigh Valley. Karen teaches students from beginner level to advanced level for BGLV and has choreographed various works including Youth programs for the Allentown Symphony.

INSTRUCTORS - FOR COMPLETE LIST: <https://www.bglv.org/about-us/teachers/>

### MISSION STATEMENT:

Ballet Guild of the Lehigh Valley, Inc. is a non-profit organization dedicated to fostering the art of theatre dance, primarily classical ballet, through education and performances.

## ABOUT BGLV/PYB

We believe ballet is a healthful exercise that channels energy into a positive form of self-expression. Ballet helps develop coordination, stamina, and flexibility. It teaches discipline, and perseverance, and improves concentration.

- ◆ The primary focus is on teaching the proper method of ballet, not on teaching a "dance routine." All classes are age-appropriate.
- ◆ There are no recitals; parents/guardians may observe their child's class at scheduled times during the year.
- ◆ Students perform in a professional setting, alongside the luminaries of the dance world.
- ◆ Outreach and educational programs are held at various sites throughout the Lehigh Valley, benefiting both children and adults.

# CLASS AND REGISTRATION INFORMATION

**BOYS DANCE FREE! No tuition for males ages 3 –18! Call or email for more information!**

## PRE-PROFESSIONAL DIVISION

Classes for serious dance students includes Ballet, Pointe, Contemporary, & Progressing Ballet Technique (PBT). Placement in this division is by audition only. All classes as listed are required. Price is for the entire school year: 9/8/2025 thru 5/16/2026.

**LEVEL A ▪ \$2435 ▪ 2 ballet classes/week + Contemporary + PBT**

Ballet: Tues. 6:00-7:30 pm; Fri. 5:30-7:00 pm  
Contemporary: Mon. 6:45-7:45 pm / PBT: Fri. 4:30-5:30 pm

**LEVEL B ▪ \$2800 ▪ 3 ballet classes/week + Contemporary + PBT**

Ballet: Mon. 4:15-5:45 pm; Tues. 6:00-7:30 pm (Pointe); Wed. 7:00-8:30 pm;  
Contemporary: Mon. 5:45-6:45 pm / PBT: Wed. 6:00-7:00 pm

**LEVEL ADVANCED ▪ \$3550 ▪ 4 ballet classes/week + Contemporary + PBT**

Ballet: Mon. 5:45-7:15 pm; Tues. 4:30-6:00 pm (Pointe);  
Wed. 4:30-6:00 pm; Thurs. 4:30-6:00 pm (Pointe)  
Contemporary: Mon. 4:30-5:30 pm / PBT: Wed. 6:00-7:00 pm

## COMMUNITY DIVISION

Price listed is for one class per week for one 15-week session. Choose the day which works best for you. Two sessions are held from September thru May:  
**SESSION I: 9/8/2025—1/24/2026 ▪ SESSION II: 1/26/2026—5/16/2026**

**BROADWAY DANCE (AGES 11 & UP) ▪ \$340**

- ~~Wed. 7:00-8:15 pm~~
- Sat. 11:30 am-12:45 pm

**PRE-BALLET (Ages 3-4) ▪ \$290**

- Wed. 6:00-6:45 pm
  - Sat. 10:45-11:30 am
- (Must be potty-trained & able to separate easily from parent/guardian)

**YOUTH BALLET I (Ages 5-6) ▪ \$330**

- Thurs. 4:30-5:30 pm
- Sat. 9:00-10:00 am

**YOUTH BALLET II (Ages 7-9) ▪ \$340**

- Thurs. 5:30-6:45 pm
- Sat. 9:30-10:45 am

**YOUTH BALLET III (Ages 10-12) ▪ \$355**  
**TWO CLASSES/WEEK ▪ \$575**

- Tues. 4:30-6:00 pm
- Wed. 4:30-6:00 pm

**BOYS BALLET I (AGES 6-11) ▪ FREE**

- Sat. 11:30 am - 12:30 pm

**BOYS BALLET II (AGES 11-18) ▪ FREE**

- Sat. 12:45-2:00 pm

*Ballet...like a sport,  
only harder!*

**OPEN BALLET ▪ \$355**

Intermediate/Advanced Levels  
**Sat. 10:00-11:30 am**

**ADULT/TEEN BALLET**

Intermediate/Advanced Levels  
**1 BALLET CLASS/WEEK ▪ \$355**  
**2 BALLET CLASSES/WEEK ▪ \$575**  
Choose from list below

- Mon. 7:30-9:00 pm - Ballet ▪ \$355
- Thurs. 7:00-8:30 pm - Ballet ▪ \$355
- ~~Thurs. 8:30-9:00 pm - Pointe~~
- ~~(Price for both ballet & pointe - \$465)~~
- Mon. 10:30 am-12:00 pm - Ballet ▪ \$355
- Thurs. 10:30 am-12:00 pm - Ballet ▪ \$355
- Mon. 12:15-1:15 pm - Pointe
- Thurs. 12:15-1:15 pm - Pointe  
(Price for both ballet & pointe - \$575)

**DROP-IN CLASSES AVAILABLE**

**-ADULT/TEEN BALLET & OPEN BALLET-**

**BALLET: \$28**  
**BALLET & 1 HR POINTE: \$45**  
**BALLET & 1/2 HR POINTE: \$36**  
Must register & pay in advance

## TO REGISTER

**ONLINE, ADVANCE REGISTRATIONS ONLY! CLASS SIZE IS LIMITED!**

<http://app.jackrabbitclass.com/regv2.asp?id=541603>

New to this process? Click the following link to watch a short Youtube Video:

<https://www.youtube.com/watch?v=1A1RGTHMk3U&feature=youtu.be>

## TUITION

• **COMMUNITY DIVISION**

To secure your child's place in class, full tuition must be paid at the time of enrollment in the following levels: Pre-Ballet, Youth Ballet I, II, and III. Your payment method on file will be charged for the full tuition when enrolling in this division.

• **PRE-PROFESSIONAL DIVISION**

Tuition may be paid quarterly if requested - add note when enrolling or email the office.

**DUE DATES ARE AS FOLLOWS:**

- Payment #1 - First day of class
- Payment #2 - November 10
- Payment #3 - January 10
- Payment #4 - March 10

**ADULT/TEEN BALLET & POINTE MULTIPLE CLASSES / PRE-PROFESSIONAL QUARTERLY:**

A statement from the office will be emailed to all who enroll in Adult multiple classes, & for those enrolled in the Pre-Professional Division who wish to make quarterly payments.

## CANCELLATIONS

We reserve the right to cancel any classes for which there is insufficient enrollment. You will be notified of any cancellations and receive a refund of any tuition paid.

## UNIFORMS POLICIES & PROCEDURES

**With the exception of Adult Ballet students, all students in both Divisions are required to wear a prescribed color class leotard, tights, and shoes.** A list for both female and male dance attire and where to purchase these items may be found on the website: <https://www.bglv.org/classes/>

Adult/Teen Ballet students may wear any solid color leotard of their choice, pink tights, and ballet slippers.

For further information about BGLV policies and procedures, download the *Student Handbook*: <https://www.bglv.org/classes/>